

JOSEPH LEONARD GRZESKIEWICZ, MD , FACS

Office: La Jolla Cosmetic Surgery Centre
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La Jolla, CA 92037
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EDUCATION AND TRAINING

Wakefield High School, Arlington, Virginia
Salutatorian June 17, 1979

United States Naval Academy, Annapolis, MD
July, 1979 - December, 1980

James Madison University, Harrisonburg, VA
Bachelor of Science, cum laude (Mathematics) May 5, 1983

University of Virginia School of Medicine, Charlottesville, VA
Doctor of Medicine May 17, 1987
United States Navy Health Professions Scholarship

United States Naval Hospital, San Diego, CA
Surgery Internship July, 1987 - July, 1988

United States Naval Aerospace Medical Institute , Pensacola, FL
Designated Naval Flight Surgeon #4217 February 2, 1989

United States Naval Hospital, San Diego, CA June, 1992
Basic Course in Microvascular Surgery

University of Missouri Hospitals and Clinics, Columbia, MO
Integrated General/Plastic Surgery Residency June, 1992 - June, 1998

University of Missouri Hospitals and Clinics, Columbia, MO
Fellow in Microvascular Surgery July 1, 1995 - June 30, 1996

University of Virginia Health Sciences Center, Charlottesville, VA
Fellow in Plastic and Orthopaedic Surgery (Hand)
July, 1998 - June, 1999

BOARD CERTIFICATION

National Board of Medical Examiners
Diplomate July 1, 1988

American Board of Plastic Surgery
Diplomate September 9, 2000

LICENSURE

State of California July, 1989

MEMBERSHIPS

American Society of Plastic Surgeons	Active Member
Fellow of the American College of Surgeons	Active
California Medical Association	Active Member
San Diego Plastic Surgery Society	Active Member
San Diego County Medical Society	Active Member
Boy Scouts of America, Eagle Scout	September, 1976

APPOINTMENTS AND PRACTICE HISTORY

Marine Aircraft Group 39 Medical Department
MCAS Camp Pendleton, CA
Flight Surgeon February, 1989 - June, 1992
Department Head August, 1990 - April, 1991
Medical Student Clinical Preceptor
Department CME and Training Officer

Marine Helicopter Light Attack Squadron 169
MCAS Camp Pendleton, CA
Squadron Flight Surgeon February, 1989 - August, 1991

Division of Plastic Surgery
Scripps Memorial Hospital
La Jolla, California
July, 1999 - Present

Consultant Surgeon
Department of Plastic and Reconstructive Surgery
United States Naval Medical Center
San Diego, California
July, 1999 – June, 2004

Joseph L. Grzeskiewicz, M.D. Professional Corporation
Private Practice, Plastic and Reconstructive Surgery
La Jolla, California and San Diego, California
July 1999 – October 2005

La Jolla Cosmetic Surgery Centre
Plastic Surgeon
Cosmetic Surgery Division
October 2005 – Present

Luminesse Medical Spa
Founder and Medical Director
January 2006 – January 2007

MILITARY SERVICE

United States Navy Health Professions Scholarship August, 1983 - May, 1987 Commissioned
as Ensign, United States Naval Reserve May 21, 1983
Lieutenant, active duty United States Naval Reserve May 17, 1987
Selected for Lieutenant Commander June, 1991
Honorable Discharge from military service June, 1992

PUBLICATIONS

Grzeskiewicz, J.L., Hall, R.A., Anderson, G., Mintz, P.D., Preoperative Crossmatch Guidelines for Total Hip Arthroplasty, *Orthopedics*, 12(4): 549, 1989.
(abstract) *Transfusion*, 27:517, 1987.

Puckett, C.L., Grzeskiewicz, J.L., and Yule, G.J., Treatment of Vasospastic Disease in the Hand, in: Saffer, P. Amadio, P.C., Foucher, G., eds., *Current Practice in Hand Surgery*, London: Martin Dunitz, Ltd., 1997.

Grzeskiewicz, J.L. and Concannon, M.J., Cutaneous Angiocentric T-Cell Lymphoma Presenting as a Primary Tumor in the Hand, submitted for publication.

Kalliainen, L.K., Drake, D.B., Edgerton, M.T., Grzeskiewicz, J.L., Morgan, R.F., Surgical Management of the Hand in Freeman-Sheldon Syndrome, *Annals of Plastic Surgery*, 50(5): 456-62, May 2003.

Grzeskiewicz, J., **Manual of Clinical Policies and Procedures for the Medical Spa**; 2006, a comprehensive manual of clinical policies and procedures distributed to the clientele of Solana MedSpas, Irvine, California, a national medical spa consultant firm

PRESENTATIONS AND MEDIA APPEARANCES

NATIONAL

National Student Research Forum
UTMB, Galveston, TX April, 1987
Preoperative Crossmatch Guidelines for Total Hip Arthroplasty

American Association of Blood Banks
Annual Meeting, Orlando, FL November, 1987
Preoperative Crossmatch Guidelines for Total Hip Arthroplasty

Plastic Surgery Educational Foundation
Annual Senior Residents Conference
Birmingham, AL April, 1998
Endoscopically Assisted Repair of Post Traumatic Enophthalmos via A Transconjunctival Approach - A Case Report

REGIONAL

Joint Annual Meeting of Mid-Atlantic Association of Blood Banks and Pennsylvania Association of Blood Banks, Hershey, PA April, 1987
Preoperative Crossmatch Guidelines for Total Hip Arthroplasty

STATE

Faculty, Radiation Therapy Annual Conference
Seventh District of Missouri Society of Radiation Therapists
Ellis Fischel Cancer Center, Columbia, MO October 25, 1997
Breast Reconstruction in the Cancer Patient

MEDIA APPEARANCES

Channel 8 Evening News:

Breast augmentation and “Curves Connection” for preoperative evaluation

KUSI News Good Morning San Diego:

Nonsurgical skin rejuvenation treatments

KUSI News Good Morning San Diego:

Dietary supplement use in plastic surgery patients

KUSI News Good Morning San Diego

Minimally invasive surgical options for quick holiday recovery

WS Radio The Health and Beauty Revolution with Patty Kovacs

Breast augmentation and “Curves Connection”

KOGO AM 600 radio KOGO for Kids with Dr. Linda Haack-Rogers

Breast augmentation in teen-age patients